HVSC NEWS Swim and Dive Team



COACHES CORNER

Congratulations to HVSC for the swimming victory over Racquet Club last week! The final results were HVSC—574, RC—331. Dive: HVSC—87, RC—118. Swim: HVSC—487, RC—213. Thank you to all of our parents for their support at this away meet, especially our age group marshalls. Our next dual meet will be at Dexter (Wylie Middle School), please see the detailed schedule below.

THIS WEEK'S MEET: JULY 1 & 2 @ DEXTER

Our next dual meet will take place at Dexter (Wylie Middle School).

The dive meet is on Friday, July 1. Warm-ups start at 4:00pm, the meet starts at 5:00pm. There will a brief warm-ups for 13 & Ups after the 12 & Unders have completed diving in the meet.

The swim meet is on Saturday, July 2. Please arrive for the meet at 7:45pm and check in with your coach. Warm-ups begin at 8:00am and the meet starts at 9:00am. Please eat before coming to the meet.

The stroke of the week is Breaststroke. We will be working on the Breaststroke kick a lot this week. Be sure to finish the Breaststroke with a simultaneous two hand touch. We will also work on our freestyle breathing this week (less of it!).

FUN FRIDAY: BAGELS AFTER PRACTICE

Friday, July 8 after scheduled practices. 11&Ups at 10am, 9-10s at 11am, 8&Unders at 12pm.

SWIM-DIVE-TENNIS A-THON

Tuesday, July 12 during regular practice times or whenever individuals are available. Forms and more information are available near the water fountain in the front entryway. Online pledges are also accepted at <u>https://a2a3.wufoo.com/forms/xi3nwz70g8uhbh/</u>. Contact Huron Valley's own Amanda Mercer (amandamercer@att.net) with any questions.

PUZZLE OF THE WEEK

There were 293 pieces in last weeks puzzle of the week. The closest guesses were Sadie Olson 294 and Evan McKelvey 292, with Evan winning the coin toss. The new puzzle of the week is: *How much money will be thrown into the pool for the 4th of July coin dive?* One guess per person, to win a \$10 dairy queen gift card.

VOLUNTEERS NEEDED

Thanks to those of you who have already signed up to volunteer this season! We still have slots to fill this season, so please look over the opportunities below if you can help.

Visit <u>http://goo.gl/h8okCs</u> to sign up for:

- Away meet marshalls
- Home swim and dive meets
- Fun Fridays

Visit <u>http://goo.gl/xTwtme</u> to sign up for:

- Ice cream parties
- Championship marshalls
- Banquet volunteers & Food

TEAM PANCAKE BREAKFAST

The team pancake breakfast is scheduled for Friday, July 15 following swim practices—11&Ups at 10:00am, 9-10s at 11:00am, 8&Unders at noon. HVSC provides the pancakes and sausages. To round our breakfast, we would like the 11&Ups to bring a can of juice concentrate which we will mix all together for a fruit punch, and for 10&Unders to bring fresh fruit.

We will need many volunteers to make this event a success! If you'd like to help flip pancakes, serve food or help wrangle all the swimmers into line please visit the link in the following section.

MIA LIST

If your child will be missing a swim and/or dive meet or championships, please be sure to complete the online MIA form at <u>https://goo.gl/FVc53v</u>

Please do this ASAP so the coaches can plan accordingly. It is assumed all swimmers & divers (including Podders) will attend meets unless they have joined the MIA list.

PERSONALIZED SWIM CAP ORDER #2

There is another opportunity to purchase a set of personalized swim caps from Sun and Snow, if we have a group of 12 orders to be placed. Please stop by Sun and Snow or give them a call at 734-707-0130 by Wednesday if you are interested.

TEAM BANQUET

Mark your calendars now for the end of season team banquet on Friday, July 29. The banquet will start at 6:30pm and awards will be given out at 7:00pm.

Following the banquet we will have the annual team party in the pool area from 8:00-10:30pm.

The main meat dish will be provided by HVSC. Visit the sign-up genius at <u>http://goo.gl/xTwtme</u> to sign-up to bring side dishes or drinks. Remember to bring your own plates, napkins, utensils and cups to the banquet.

UPCOMING EVENTS

Fri, July 1	Dive Meet @ Dexter
Sat, July 2	Swim Meet @ Dexter
Fri, July 8	Bagels after practice!
	Dive Meet vs TPCC
Sat, July 9	Swim Meet vs TPCC
Fri, July 15	Pancake Breakfast
	Dive Meet vs Chelsea
Sat, July 16	Swim Meet vs Chelsea
Fri, July 22	Cereal Party
	Dive Meet vs Milan
Sat, July 23	Swim Meet vs Milan

CONTACT INFORMATION:

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